

# YOUR QUICK GUIDE

## to Blue Cross and Blue Shield of Nebraska's Network Options for Groups of 51+ Employees

Effective Jan. 1, 2018



When it comes to accessing quality health care providers while keeping expenses manageable, the selection of a health network remains top of mind for the health care consumer.

In 2018, Blue Cross and Blue Shield of Nebraska (BCBSNE) will offer three network options. These networks – **Network BLUE**, **Premier Select BlueChoice** and **Blueprint Health** – provide access to quality providers, but with some differences.

# Networks Options

The following summary of networks is available to help you choose an option that best meets the needs of your group:

## Network BLUE

### Sample ID Card

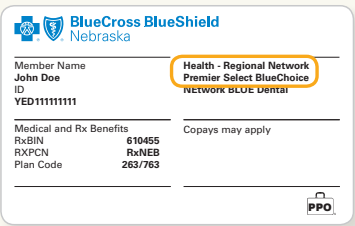


Network BLUE is available throughout the state of Nebraska and includes:

- 100% of non-governmental, acute care hospitals in Nebraska
- 95% of Nebraska physicians

## Premier Select BlueChoice

### Sample ID Card



The Premier Select BlueChoice network is for groups that are headquartered in the Omaha/Lincoln and surrounding communities in ZIP codes 680, 681, 683, 684 and 685.

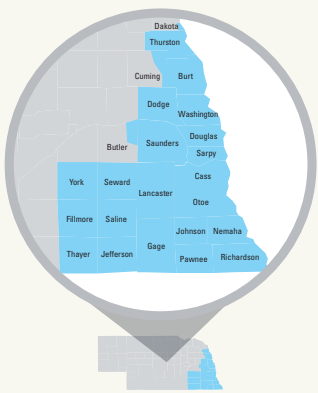
Some of the key hospitals and health care providers include:

### OMAHA

- Boys Town National Research Hospital – Downtown
- Boys Town National Research Hospital – Pacific Street
- Children's Hospital and Medical Center
- Fremont Health
- Madonna Rehabilitation Specialty Hospital
- Midwest Surgical Hospital
- Nebraska Medicine
  - Nebraska Medical Center
  - Bellevue Medical Center
- Nebraska Methodist Hospital System
  - Methodist Hospital
  - Methodist Jennie Edmundson Hospital
  - Methodist Women's Hospital
- Nebraska Orthopedic Hospital
- SecureCare (chiropractors)
- Select Specialty Hospital
- Affiliated physicians and clinics

### LINCOLN

- Beatrice Community Hospital (Beatrice)
- Bryan Health – East (Lincoln)
- Bryan Health – West (Lincoln)
- Community Medical Center (Falls City)
- Crete Area Medical Center (Crete)
- Fillmore County Hospital (Geneva)
- Henderson Community Hospital (Henderson)
- Howard County Medical Center (St. Paul)
- Jefferson Community Hospital Center (Fairbury)
- Jennie M Melham Medical Center (Broken Bow)
- Johnson County Hospital (Tecumseh)
- Lincoln Surgical Hospital (Lincoln)
- Madonna Rehabilitation Specialty Hospital (Lincoln)
- Mary Lanning Memorial Hospital (Hastings)
- Memorial Hospital (Seward)
- Nemaha County Hospital (Auburn)
- Pawnee County Memorial Hospital (Pawnee City)
- Pender Community Hospital (Pender)
- Providence Medical Center (Wayne)
- Saunders Medical Center (Wahoo)
- York General Hospital (York)
- SecureCare (chiropractors)
- Select Specialty Hospital (Lincoln)
- Warren Memorial Hospital (Friend)
- Affiliated physicians and clinics

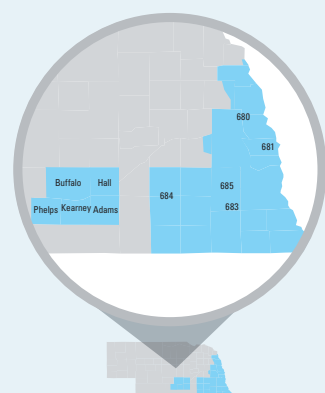
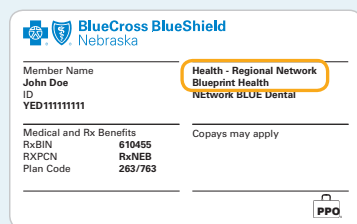


**In-network service available**  
680, 681, 683, 684, 685

**Out-of-network**  
686, 687, 688, 689, 690, 691, 692, 693

## Blueprint Health

### Sample ID Card



#### In-network service available

680, 681, 683, 684, 685 as well as Adams, Buffalo, Hall, Kearney and Phelps counties

**NEW – for groups of 51+ employees!** Blue Cross and Shield of Nebraska is pleased to offer Blueprint Health. This new regional network is available to fully insured and self-funded groups of 51 or more employees starting Jan. 1, 2018. It features CHI Health providers and facilities in Nebraska and contiguous counties in Iowa, as well as other providers.

Blueprint Health is for groups that are headquartered in the Omaha/Lincoln and surrounding communities in ZIP codes 680, 681, 683, 684 and 685, as well as Adams, Buffalo, Hall, Kearney and Phelps counties.

Some of the key hospitals and health care providers include:

- Alegent Creighton Health Services
- Callaway District Hospital
- CHI Health Creighton University Medical Center – Bergan Mercy
- CHI Health Good Samaritan
- CHI Health Immanuel
- CHI Health Lakeside
- CHI Health Mercy Council Bluffs
- CHI Health Midlands
- CHI Health Nebraska Heart
- CHI Health Plainview
- CHI Health Richard Young
- CHI Health Schuyler
- CHI Health St. Elizabeth
- CHI Health St. Francis
- CHI Health St. Mary's
- Children's Hospital and Medical Center
- Cozad Community Hospital
- Creighton St. Joseph Regional Health
- Dundy County Hospital
- Lasting Hope Recovery Center
- Nebraska Spine Hospital LLC
- SecureCare (chiropractors)
- Affiliated physicians and clinics



### Double or Triple Network Option Available

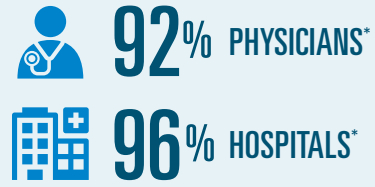
Based on the location of the group's headquarters, double or triple network options are available to offer employees. The employee selects the network based upon their needs. Members living outside the Premier Select BlueChoice or Blueprint Health service area are not able to choose those network options. They would be offered NNetwork BLUE.

**Note:** This listing is subject to change without prior notice.



# National Provider Access Available With All Networks

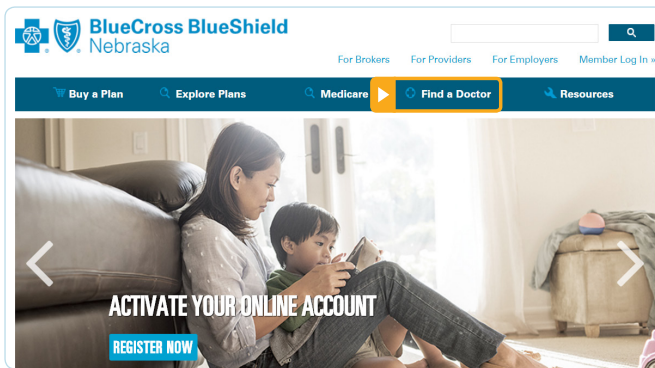
National provider access in all 50 states and the District of Columbia is available through our BlueCard® PPO network. BlueCard seamlessly links the Blue Cross and Blue Shield plans through a single, electronic network and features:



\*Physicians and Hospitals that participate in Blue networks.

## How to Search for In-network Providers

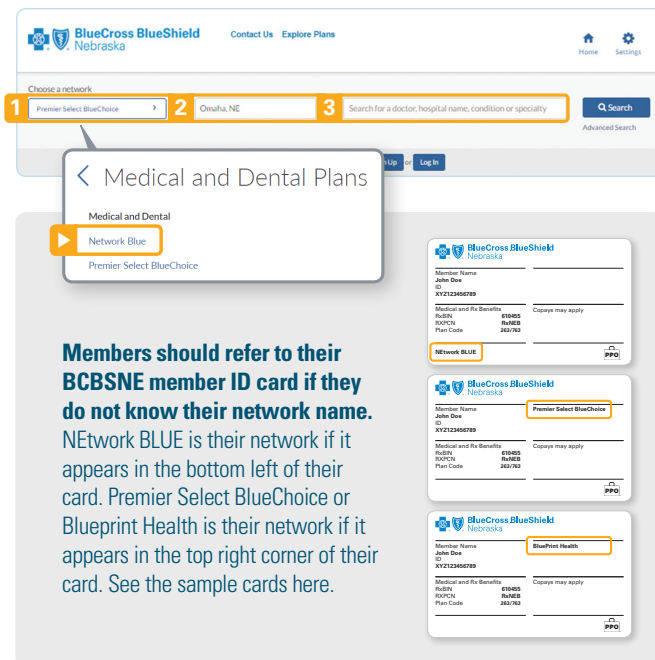
1 At [nebraskablue.com](http://nebraskablue.com), select FIND A DOCTOR.



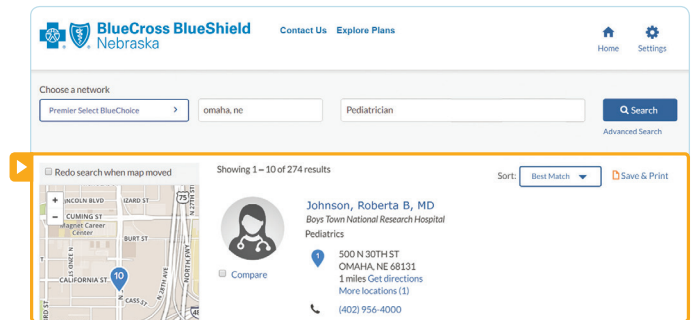
2 Then, choose SEARCH THE DIRECTORY.



3 In the first field of the CHOOSE A NETWORK page, select the arrow and click on MEDICAL AND DENTAL PLANS. Then, select the applicable network. Enter a location (ZIP code, city/state or full address). Then, enter the doctor or hospital name or the condition or specialty, and select SEARCH.



4 Your search results will show in-network providers.



### KNOW BEFORE YOU GO.

Members can also find in-network providers – and cost information for various health care services – by logging in to their online member service account at [myNebraskaBlue.com](http://myNebraskaBlue.com).



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Note: Example is for illustration purposes only.

Search results can be customized as needed.  
Statistics according to BCBSNE and the Blue Cross and Blue Shield Association (BCBSA).